Protecting Your Flocks from External Parasites – Mites and Lice

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External parasites, such as mites and poultry lice, are common pests on birds, especially in backyard chickens. They feed on the blood and bite skin, feathers, or scales of the bird. A heavy infestation of these pests can result in poor poultry health, reduced growth and egg production, and sometimes can even cause bird deaths. This article provides basic information on how to recognize the signs and symptoms of an infestation, and how to effectively treat infested birds.

**Mites:** Mites move slowly and are very small. They are 1 mm in diameter (size of a ground pepper) and therefore can only be seen by close visualization or through a magnifying glass.

There are two common mites found on the body of poultry, red mites (or chicken mites, primarily a warm weather pest, Figures 1 & 2) and Northern fowl mites (mostly a cool weather pest, Figure 1). Both are blood feeders. Chicken mites are red, black, or gray (Figure 2). Mites can live off the bird for 2-3 weeks and can complete one life cycle in 7-10 days under favorable conditions.

**Poultry lice:** Poultry lice are NOT the same as human lice. People can’t contract lice from chickens. Poultry lice are tiny, wingless, flat-bodied insects. They are yellowish and move quickly, and are often large enough (2-3 mm long, the size of a sesame seed) to be seen with the naked eye. Poultry lice feed on feather parts, dead skin, blood, and other debris. Lice can survive off the host for about one week. They can complete a life cycle in 4-5 weeks.

**Flock symptoms:** Flocks infested with mites (Figure 3) or poultry lice (Figure 4) will show similar symptoms, including weight loss, reduced egg production, decreased activity, bald spots, red and irritated skin, small scabs and clots, changes in appetite, ragged-looking or dull feathers, and increased susceptibility to diseases. If any of these symptoms are observed, a visual inspection for mites or lice is generally recommended. Carefully inspect birds around the ventral region (lower and abdominal surface) for signs of lice or mites. Infestations usually start in this area of a bird. See more details in Table 1. For more questions, please consult a veterinarian (vet).

**Table 1. Comparison between chicken mites and poultry lice.**

<table>
<thead>
<tr>
<th></th>
<th>Mites</th>
<th>Lice</th>
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</thead>
<tbody>
<tr>
<td>Size</td>
<td>1 mm diameter (ground pepper)</td>
<td>2-3 mm long (sesame seed)</td>
</tr>
<tr>
<td>Moving speed</td>
<td>Slow</td>
<td>Fast</td>
</tr>
<tr>
<td>Location of eggs</td>
<td>Along feather shaft</td>
<td>Base of feather shaft</td>
</tr>
<tr>
<td>Best detection time</td>
<td>At night or during the day</td>
<td>During the day</td>
</tr>
<tr>
<td>Location</td>
<td>Live on host and in environment</td>
<td>Only live on host</td>
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* A PDF of this publication is available online at https://acis.cals.arizona.edu/docs/default-source/ipm-shorts/Poultryparasites.pdf
How to effectively treat mites and poultry lice?

- Regularly (monthly or bi-monthly) inspect your flocks in order to identify and address these parasites before an infestation gets worse. Pay special attention to brooding hens, which tend to dust-bathe less frequently than usual, making them prone to parasites.

- Sanitation and cleanliness are key to mites and lice control. Sanitation includes cleaning and disinfecting housing facilities and equipment between flocks. Eliminating contact between flocks and wild birds can help reduce the potential transmission of parasites.

- Pesticides can be used to treat lice and mites. They are available as dusts, liquid sprays, and resin strips.

- When using pesticides to treat lice and mites in chickens, always read and carefully follow the label directions provided with the product. Make sure the product is labeled for use on poultry or other animals.

- DO NOT use products containing the active ingredient, “carbaryl.” Carbaryl is a pesticide that affects the nervous system in animals. It was banned by EPA for use on poultry or other animals.

- Dusts can be difficult to apply and are easily inhaled. Follow label instructions, which might recommend a face mask to prevent inhalation and eye protection. It is suggested to put the bird in a canvas shopping bag with its head sticking out. Manipulate the bag to get the dust in the bird’s feathers and around the vent (the opening where birds expel waste and from which they lay eggs).

- If using a pesticide spray, always prepare a fresh mixture and shake well before use. The spray should be applied directly to the birds. Make sure it reaches the skin.

- In order to control chicken mites, sprays will also need to be applied to birds’ living area, such as litter, bedding, and building structures. This will help to kill mites that can survive off the birds and live in the environment.

- Chemical treatment should be repeated every 2 weeks, if needed. Carefully read pesticide labels to make sure withholding (nontreatment) periods are followed for food-producing poultry.

- Pesticide resin strips can be placed into chicken cages or nest boxes, which will provide a continuous control of lice and mites. Use pesticidal resin strips only during months when the expected number of lice and mites will be high. This might delay the development of pesticide resistance and preserve the effectiveness of the products.

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